

# GREEK YOGURT SALAD DRESSING

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## WHAT YOU'LL NEED

Greek yogurt (I always choose one with full fat)  
Extra virgin olive oil  
Dijon mustard

Lemon  
Honey/maple (I prefer local honey)  
Apple cider vinegar  
Salt and pepper

## INGREDIENTS

2 T Greek yogurt  
2 T olive oil  
1-2 T Dijon Mustard  
Half lemon (or 1-2 T lemon juice)

1 T Honey/Maple syrup  
Splash of apple cider vinegar  
Salt and pepper to taste

## INSTRUCTIONS

Stays fresh in the refrigerator for about 1 week

1. Combine all ingredients in a bowl, blender, or shaker bottle.
2. Add salt and pepper to taste.



**Loreto**

- KITCHEN



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